

# IT'S A C THING: YOUNG ADULT CANCER HAPPENINGS

As part of the Lurie Adolescent and Young Adult Cancer Program (Northwestern Medicine and Lurie Children's Hospital), our hope is to help you feel a little less alone, a little more informed, and make it a lot less overwhelming. There is something for everyone, check it out below.

## SUPPORT GROUPS

We have two monthly support groups for patients, families, and friends. The support groups are open to those who have received cancer treatment through the Lurie Cancer Center (Northwestern Medicine and/or Lurie Children's Hospital). These groups run September-May each year.

- The Young Adult Cancer Patient & Survivor group is for those diagnosed between 15-39 and currently 18+. This is a great place to discuss all of the many ways cancer sucks and how to make it suck less with others who get it.
- The Young Adult Supporter Group is for any supporters of a young adult cancer patient/survivor (supporter must be 18 or over). This is a great group that can provide supporters with some "me" time with others who understand.



## SUPPORT GROUPS NOT YOUR THING?

That's ok. We've got you. Patients, families, and friends can come to our "hangouts" with their peers in a fun, low key environment. We play games, have awesome speakers, and laugh a lot. The hangouts are open to the community regardless of treatment center. The hangouts are scheduled intermittently throughout the year (virtual and in-person).

### when

The first Tuesday of each month (September-May) from 6:00-7:30 pm:

-Group dedicated to young adults, no supporters present

The second Tuesday of each month (September-May) from 6:00-7:30 pm:

-Group dedicated to supporters, no young adult survivors present

Intermittently throughout the year:

-It's a C Thing Hangout

*\*The time and date are subject to change. Up to date information will be provided via email.*

### where

Virtual and in-person offerings

### contact

Jennifer Carrera at [jennifer.carrera@nm.org](mailto:jennifer.carrera@nm.org)

*\*Contact Jennifer to be added to the email list and receive updates about upcoming meetings and other relevant information.*